



# Vidya Prasarak Mandal's R Z Shah College Of Arts, Science & Commerce

Mithagar Road, Mulund East, Mumbai 400 081

Affiliated to University of Mumbai

Accredited by NAAC Grade "A"

## Report of Event / Programme

Name of the Department/s / Committee/s	Sports Committee		
Name of the Convenors	Mrs. Anjaneeka Uday		
Title of the Event / Programme	<u>University of Mumbai, Mumbai City Zone 1, Inter - Collegiate Power Lifting Competition, 2024</u>		
Date / Period of Event / Programme	7 <sup>th</sup> December, 2024		
Venue of the Event / Programme	J.S.S.P.'s College, Goveli		
Number of Student Participants	Male:05	Female: 00	Total: 05
Description of the Event	The University organized an exciting Inter-Collegiate Powerlifting Competition for men's and women's categories, held on December 7th, 2024, at J.S.S.P.'s College in Goveli. Participants from various colleges showcased exceptional strength, technique, and determination, demonstrating their dedication to this challenging sport. Each lift reflected incredible focus, power, and resilience, leaving the audience in awe of the competitors' impressive performances. Enthusiastic supporters cheered passionately for their teams, creating a vibrant and motivating atmosphere. The event celebrated the values of discipline, perseverance, and sportsmanship, leaving both participants and spectators with unforgettable memories of the thrilling competition.		

### Geo-tagged Photos & Poster



