

Vidya Prasarak Mandal's R Z Shah College Of Arts, Science & Commerce

Mithagar Road, Mulund East, Mumbai 400 081

Affiliated to University of Mumbai

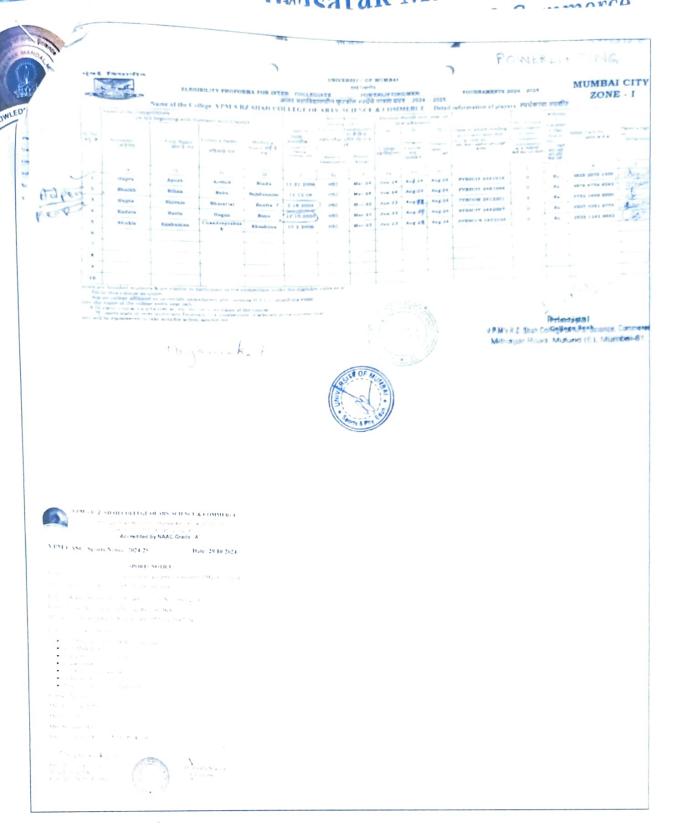
Accredited by NAAC Grade "A"

Report of Event / Programme

Name of the Department/s /	Sports Committee
Committee/s	sports committee
Name of the Convenors	Mrs. Anjaneeka Uday
Title of the Event / Programme	University of Mumbai, Mumbai City Zone 1, Inter -
	Collegiate Power Lifting Competition, 2024
Date / Period of Event / Programme	7 th December,2024
Venue of the Event / Programme	J.S.S.P.'s College, Goveli
Number of Student Participants	Male:05 Female: 00 Total: 05
Description of the Event	The University organized an exciting Inter-Collegiate
	Powerlifting Competition for men's and women's
	categories, held on December 7th, 2024, at J.S.S.P.'s
	College in Goveli. Participants from various colleges
	showcased exceptional strength, technique, and
	determination, demonstrating their dedication to this
	challenging sport. Each lift reflected incredible focus,
	power, and resilience, leaving the audience in awe of the
	competitors' impressive performances. Enthusiastic
	supporters cheered passionately for their teams,
	creating a vibrant and motivating atmosphere. The
	event celebrated the values of discipline, perseverance,
	and sportsmanship, leaving both participants and
	spectators with unforgettable memories of the thrilling
	competition.

Geo-tagged Photos & Poster





Mrs. Anjaneeka Uday
Committee Convenor

Mrs Rajashree Prabhu IQAC Coordinator **Dr Barkha Shamnani** In-Charge Principal

College Seal: